

Curriculum Vitae

Contact Information

Beverly Swann, Marriage and Family Therapist (MFT)

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Education and Licensing

December 2009 – California Board of Behavioral Sciences, Marriage and Family Therapist License #MFC-47971, current and in good standing, expires 9/30/15

September 2013 – Northcentral University, current student for PhD in Health Psychology

March 2007 - John F. Kennedy University, MA in Counseling Psychology, Specialization in Somatic (Body Oriented) Psychology

June 1985 - Indiana University, BS in Personnel Management and Labor Relations

Clinical Experience

January 2010 – present – Private Practice, Pleasant Hill, CA

Private Practice Marriage and Family Therapist (MFT) – Specializing in working with clients with many types of eating disorders and self-care dysfunction including: emotional eating, binge eating, not being able to follow medical advice about eating, and exercise resistance. Additionally, I focus on chronic trauma/PTSD, chronic pain and chronic illness, domestic violence, problem gambling, mild traumatic brain injury (MTBI), and emergency first responders. Supervise interns working in these specialties.

February 2010 – present – Casa Serena Eating Disorders Program, Concord, CA

Program Staff/Marriage and Family Therapist (MFT) Group Facilitator – Lead groups in Living Skills, Meals, and Body Image/Body Awareness in this intensive outpatient program (IOP) for eating disorders for adults. As part of staff, participate in collaborative treatment planning for clients in milieu setting. Clients typically stay in program 10-14 weeks. Also supervise interns working in teen program.

February 2012 – present – West Coast Post-Trauma Retreat (WCPR), Angwin, CA

Volunteer EMDR Clinician – Provide EMDR treatment at intensive treatment program for emergency first responders (police, fire, EMT, etc.) with PTSD.

March 2008 – December 2009 – Touchstone Counseling Services, Inc., Pleasant Hill, CA

MFT Intern – Marriage and family therapy with adults, adolescents, and children in both individual and family sessions. Clinical focus on women who have experienced repeated trauma

including childhood abuse and domestic violence. Most clients were either in recovery for substance abuse or were directly impacted by a family member's substance use. Also led a variety of groups on topics such as eating disorders and parenting skills.

August 2005 – June 2008 - New Pathways Counseling, Inc., A Program of Catholic Social Service Solano, Vallejo, CA - Experience included: MFT Trainee – August 2005 to May 2007; MFT Intern – May 2007 to June 2008

Clinic Therapist – Saw clients from diverse populations in clinic setting. Issues included trauma, depression, aging, addiction, grief, eating disorders, and victims of crime. Worked with clients individually, as families, and couples. For 1 ½ years, worked independently at off-site clinic as well as at main clinic.

School Counselor – Served as school counselor for approximately 400 students at a parochial school: grades preschool, kindergarten, and 1st through 8th grades. Counseled students on many issues including social skills, anger management, conflict resolution, grief, anxiety, abuse, academic problems, and behavioral issues. Also worked with teachers and parents to find additional resources and referrals.

Group Counseling – Facilitated groups on parenting skills in a court-ordered group.

Intakes – Conducted telephone and in-person intakes of both clinic clients and candidates for court-ordered programs on parenting, anger management, and domestic violence.

Class Facilitation and Presentation Experience

- 2013 Obesity and the Bariatric Surgery Client – JFK University Continuing Education
- 2013 CBT Approaches for Eating Disorders – JFK University Continuing Education
- 2012 Eating Disorders for Therapists: How to Know It When You See It and What To Do - EBCAMFT Chapter meeting
- 2012 USABP Conference, Boulder, CO – presented Using Body-Oriented Therapy to Treat Obesity With Co-occurring Trauma
- 2011 Obesity and the Bariatric Surgery Client – JFK University Continuing Education
- 2011 Eating Disorders for Therapists: How to Know It When You See It and What To Do - Yolo-Solano CAMFT Chapter meeting
- 2011 Eating Disorders: Dual Diagnosis Issues – JFK University Continuing Education
- 2011 Eating Disorders Overview at Diablo Valley College Womens Studies class
- 2010 Eating Disorders for Therapists: How to Know It When You See It and What To Do at Touchstone Counseling Services, Inc.
- 2010 Panel discussion on Therapists and Technology at the Yolo-Solano CAMFT Chapter
- 2010 Presented “Technology Q&A For Therapists” at EB-CAMFT Coffee Talk
- 2009 Facilitated “Why Did I Eat That?” group on eating dysfunction
- 2009 Presented workshop on Stress Management at Anti-Stress Fest, Las Lomas High School
- 2007 Presented at 21st Annual Conference on Early Childhood Education – Presentation on The Impact of Divorce on Children
- 2006 Conflict Resolution workshops for all middle school classes at St. Dominic’s School.

Previous Work Experience

May 1998 – June 2003	ProBusiness Services, Inc. (ADP Systems), Pleasanton, CA * Learning Consultant (Contract) 2002-2003 * Training Project Consultant 2000-2002 * Database Analyst/Trainer 1998-2000
May 1997 – May 1998	Human Resource MicroSystems, San Francisco, CA * Training/Support Specialist
February 1997 – May 1997	Merit Resource Group, Dublin, CA * Benefits Administrator (Contract)
June 1996 – February 1997	New Boston Systems (Toner Corporation), Pleasant Hill, CA * Staffing Manager
June 1993 – March 1996	Black & Decker Corporation (Emhart Industrial Division), Shelton, CT * Human Resources Administrator
November 1989 – June 1993	International Business Machines Corporation (IBM), Bridgeport, CT * Secretary Specialist
August 1988 – November 1989	Computer Processing Institute (CPI), Bridgeport, CT * Word Processing Instructor

Additional Training Received

2014	DSM-5 Training – Summit Professional Education (6.0 CEUs)
2014	15-Hour Clinical Supervision Training – JFK University (15.0 CEUs)
2014	Military OneSource ValueOptions Provider Orientation – Relias Learning (2.0 CEUs)
2014	Military Cultural Competence – Relias Learning (1.25 CEUs)
2014	DSM-5 Brief Overview – Relias Learning (.25 CEU)
2013	First Responder Support Network – Joel Fay, PsyD et.al. - Motivational Interviewing and EMDR for First Responders Update (6 CEUs)
2013	Problem and Pathological Gambling – ce4less.com (5 CEUs)
2013	Treating Headaches with EMDR – Steven Marcus, PhD (13 CEUs)
2013	The Therapist's Will – Ann Steiner, PhD (6 CEUs)
2013	First Responder Support Network Bi-Annual Clinician's Training – Mark Kamena, PhD (6 CEUs)
2013	The Relationship Model: A New Paradigm for Understanding Addiction and Recovery – Daniel Linder, MFT (1 CEU)
2013	Psychopharmacology & Women - Larry McReynolds, MD, PhD (1 CEU)
2013	Medical & Physiological Aspects of Eating Disorders – Tony Paulson, PhD (10 CEUs)
2013	Using EMDR AIP Methods to Treat Complex PTSD – Jim Knipe, PhD (6 CEUs)
2012	EMDR – Treating Depression With EMDR – EMDRIA (6 CEUs)
2012	Food, Stress, & The Brain – INR Seminars (6 CEUs)
2012	United States Association of Body Psychotherapy (USABP) Conference (16.5 CEUs)
2012	Clinical Supervision – Gerry Grossman Seminars (6 CEUs)
2012	Eating Disorder Recovery Services Annual Conference – EDRS (19.5 CEUs)
2012	Create The Life You Desire – Integrative Counseling Associates (6 CEUs)
2011	Informed Consent – CAMFT (2 CEUs)

- 2011 Conversations in recovery: How do people recover from trauma and eating disorders – APTED (9 CEUs)
- 2011 Motivation, learning and chronic pain: The role of the brain in chronic pain disorders – Howard Fields, PhD and Lorimer Moseley, PhD
- 2011 Yoga for Clients With Eating Disorders – Catherine Debon, MFT (10 CEUs)
- 2011 Law & Ethics (6 CEUs)
- 2011 California Problem Gambling: Treatment Services Program Training (30 CEUs)
- 2011 Behavior Support Plans (BSP) – Joyce Caldiera, MFT, and Elaine Kratsas, MFT Intern (1 CEU)
- 2011 EMDR: Theory and Techniques of Eye Movement Desensitization and Reprocessing, Parts I and II – Philip Mansfield, PhD (50 CEUs)
- 2011 Treatment Issues in Eating Disorders: Anorexia & Bulimia – Tony Paulson, PhD (10 CEUs)
- 2010 Psychopharmacology Topics; Etiology of Autoimmune Illnesses – Larry McReynolds, MD, PhD (2 CEUs)
- 2010 Problem Gambling Cultural Competency – CA Office of Problem Gambling (5 CEUs)
- 2010 USABP Conference – Unraveling Trauma: Body, Mind, and Science (20 CEUs)
- 2010 LGBT Sensitivities – Dr. Beth Halbert (1 CEU)
- 2010 Dialectical Behavior Therapy – Joyce Caldeira, MFT (1 CEU)
- 2010 The Practice of Drawing as Meditation – Robert Dvorak
- 2010 The Court-Involved Therapist – Mike Carolla, MFT (1 CEU)
- 2010 Understanding Your Professional Orientation – Mike Carolla, MFT (1 CEU)
- 2010 The Use of Myth, Metaphor, and Image in Resolving Weight and Food Issues – Shoshana Kobrin, MFT (2 CEUs)
- 2010 Helping The Child “Wired Differently” – MarRem Remington, MFT, and Jim Otis, DC, DACNB
- 2010 Domestic Violence Services – Mary Stein, MA, Tri-Valley Haven (2 CEUs)
- 2009 Yes, We Can!: Finding Solutions to the Everyday Challenges of Growing Up with ADHD – Blake Taylor
- 2009 Working Along The Stress Continuum in Somatic Therapy – Bill Bowen
- 2009 Psychopharmacology: Antidepressants and Sexual Desire; Care and Feeding of Psychiatrists; Psychologizing the Neurologic; – Larry McReynolds, MD (3 CEUs)
- 2009 Managed Health Care: What You Need To Know (1 CEU)
- 2008 Practice Management – Mary Kay Wright (1 CEU)
- 2008 Say What? Language, Clarity and Bridge-Building in Couples Work – Michael Gelbart, LCSW (2 CEUs)
- 2008 Case Presentations on Ethical Decision Making and Organic Dementia; Psychopharmacology and Weight Gain; Depression: Sorting Out Supplements and Meds – Larry McReynolds, MD (3 CEUs)
- 2008 Obesity: A Scientific Update – Institute For Natural Resources (INR) (6 CEUs)
- 2008 Law and Ethics: Risk Management – Mike Carolla, MFT, and Bronwyn Warren, MFT
- 2008 Building Mutuality & Deep Intimacy: A Somatic Approach For Working With Couples – Bill Bowen
- 2007 First Annual International Somatic Experiencing Conference – three-day conference on multiple areas about trauma, somatic psychotherapy, and Somatic Experiencing – Peter

- Levine, Bessel van der Kolk, Stephen, Porges, et. al.
- 2007 Trauma & the Body: A Sensorimotor Approach to Psychotherapy – Pat Ogden
- 2006 Body Image and Eating Disorders Symposium – Summit Eating Disorders Outreach Program – two-day conference on eating disorder topics
- 2006 A Comprehensive Understanding of Attachment and What To Do When Attachment is Broken – Stephen Raburn (4 CEUs)

Activities

- 2013 – present – Peer-led EMDR consultation group
- 2010 – present – Created peer-led consultation group in East Bay

Professional Memberships

- Member – California Association of Marriage and Family Therapists (CAMFT)
- Member – East Bay Chapter of CAMFT
- Member – United States Association of Body-Oriented Psychotherapy (USABP)
- Member – Association of Professionals Treating Eating Disorders (APTED)
- Member – EMDR International Association (EMDRIA)
- Member – National Eating Disorder Association (NEDA)